

## 40 Guests in 4 Minutes for Your Toastmasters Club

**4** relatives

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**4** friends

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**4** co-workers  
and coworkers' spouses

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**4** neighbors

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**4** church  
or social group contacts

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**4** people with whom you do  
business (bank, salon, grocer, etc.)

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**4** contacts through your children  
or relatives

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**4** spouse's co-workers  
and their spouses

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**4** previous co-workers  
and neighbors

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**4** others in your  
address book

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